

PRAISE FOR ABUNDANT SOUL ABUNDANT LIFE: THE ART OF LIVING YOU

Ghary Won has done something quite extraordinary here. He has found an approach to sharing the great wisdoms of the world in a way that makes them totally accessible, completely understandable, and immediately applicable in everyday life. Seldom have I seen so much helpful information in one place.

There's wonderful value between the covers of this book. Don't miss it.

**Neale Donald Walsch, New York Times Bestselling Author of the
*Conversations with God Series***

An extraordinarily penetrating and heart-centered approach to building a life of integrity and service. If you are looking for an impeccable guide to succeed as your authentic self, look no further. Learn from a true visionary how to follow your passion and vision. Ghary Won brings it all together in his unique inspiring way. The planet is a better place for this deep wisdom shared!

**Alan Cohen, Author of the
Award-Winning *A Deep Breath of Life***

Ghary is such a kind soul that everyone immediately relates to on a personal level, and he speaks with understanding and great wisdom that so many of us need today in order to live more vibrantly true to ourselves with flowing abundance, happiness, and love.

**Ken Honda, International Bestselling Author of
*Happy Money and True Wealth***

Chapter One – Fundamental Truths

Why is it that some people are, or become, wealthy and others don't? What is the common thread between people who are wealthy and ruthless and those who are just as rich, but guided by generosity and kindness? And why does it seem that some people appear to breeze through life and others struggle? My fascination with this enigma led me on a long, long journey to discover certain truths. For the most part, I seemed to have chosen for myself the road less traveled, often taking detours along the way and usually stopping at most of the roadside distractions. I struggled, often feeling like I was resisting all the things that tiny voice inside was telling me. Not that I've regretted it mind you, because the hard-earned insights have awakened me to what is truly real in bringing abundance into my life. I have learned to see things in a different way, which has led to more peace and happiness in my life. I see the genius of all that is available to us that we can choose to experience or ignore completely on this amazing journey.

It's important that we realize that we live in this wonderful, but illusionary world, not to simply ride the highs and lows of life, but to realize that we are here to create, manifest, and express the greatest version of ourselves in the world. Let us begin by discussing some of the fundamental truths for a better understanding. The illusion is that our experience here in this physical world is what we call "real," that we are separate human beings, and that our main purpose is to acquire things, with the primary focus on the accumulation of money.

To create this separation, we exist through our egos, which helps us interpret the confusing contrasts in our world. It primarily uses external measures to help us determine our self-worth, how we should live, what we should own, and how well we are doing in comparison to our neighbor. So, our lives become more about competing, rather than about self-discovery. The opposite of this is to find purpose in our lives, where we measure ourselves internally, and realize that true abundance is about self-love and sharing that love with others. It's about living a happy and joyous life of authenticity with as much abundance as we wish to have. While monetary wealth is certainly one aspect of that abundance, it is not our greatest nor only asset.

Given that none of us will be able to keep any of the things we've acquired here when we leave this world, life is about the experiential nature of our emotions, feelings, and interactions with each other. Specifically, our task is to experience and express Love in all its variety of shades and hues. Money is one such color of Love, as is happiness. We discover the fullness of this life, by exploring, making mistakes, creating the most important things in our life, and having as much fun as we possibly can. The expression of Love is what our passion in life is, but it is our experience with Love that makes it all happen.

The goal here is to heal through our understanding of abundance, our-relationship with money, and how to create it. That happens by realizing this illusionary dimension was created for our benefit, not as a way to punish us. We will study the importance of living an authentic purpose-driven life, the deeper meaning of gratitude, and how our self-worth directly influences our level of abundance. This will lead us to find happiness, as well as how to address and deal with death and loss. You will learn why we face extremes such as fear and love, grief and happiness, wealth and poverty, life and death, and other seemingly opposing forces. Ultimately, we are here to support you on your journey by helping you to appreciate the contrasts of life so you can use them to transcend and discover that there is more to discover than we previously knew.

Our focus is not on relationships, except for the one between you and yourself and your relationship with Source God. That internal relationship is meant to help us thrive as abundant human beings, once we understand how to appreciate the differences of others and figure out where we fit in. The key to our success is all about helping others discover their self-worth and supporting them on their path of deciding what their purpose here is. When we do so graciously, we get everything we desire. In the end it's up to each of us to decide how we choose to live, and if and how we choose to contribute to the well-being of others. The option is always there to do nothing. We heal and awaken that abundant part of us when we get to a space where we feel worthy enough to be loved and to share that love with others and help them find their way. At that point, the abundance of the world arrives, knocking at our door, and asking to come in.

To be clear, there is only one reason why we're here and that is to experience and express Love to its fullest. By this expression of Love, and living a passion-driven authentic life, the abundance that we seek comes to us by helping others do the same.

We come from a place of complete Love to a place of artificial reality which we believe to be true. This artificial reality provides a stage or place to interact with one another. This is the place where we experience a separated identity from the God Source, known as the ego, to see others and ourselves in a different light. Here we decide how we want to act and appear to one another and how we fit into it all. This is crucial when it comes to our happiness and creating lifelong abundance in multiple areas of our lives.