

“Conversations with Animals, from Farm Girl to Pioneering Veterinarian,
the Dr. Ava Frick Story

EXCERPT:

“Animals speak to us all the time in their own ways: the movement of an ear, the flicking of the skin, swishing or puffing up of a tail, the size of the pupils, slight turns of the head, and moving toward or away from another being or pressure. They tell us plenty with posture: where the head is in relationship to the rest of the body, the top line, how the position of the legs relate or align, the gait; and, yes, bucking, kicking, scratching, and biting are all communications, all telltale invitations to dance.

“Dance is communication without words—an expression similar to close associations with animals. Our task as humans is to learn from animals, to be alert and aware of their styles of communication, not only by species but by each individual. And to respond appropriately.

“Using veterinary medicine, chiropractic, physiotherapy, aquatic exercise, and microcurrent therapies with animals is our way of accepting the invitation to a dance. We are asking for permission to be in their space, to grant them beingness (the right to exist as they are) and importance; to validate their feelings and expressions of concern with kindness and help; and, in the end, thank them for the opportunity, however the dance turned out.

“Working with an animal the way Ava Frick, D.V.M. does—two live beings willing to ‘experience’ and share real moments together, body-to-body and heart-to-heart; two souls co-occupying a space with affinity and agreement—is a breathtaking experience for her and for us.

“*In my book, it [life] can’t get too much better than that,*’ states Dr. Frick.”