....don't tempt the universe with any bright ideas. Because should you think for yourself for one minute, love really might come along, that ultimate love that comes in aloneness, and you can never be the same. You will be in the middle of your very own fairytale. So go on and save yourself from magic. Because when the heart opens, you will cease. Your life will stop and in that moment, all hope for anything else will die. Look at it this way: joy is fleeting, but pain is constant. Because it is what forces you to transform. With pain, you are never the same. Why do you want to be so isolated and in constant torment? Why? Save yourself, I say and remain closed to life and to any kind of passion. Just go along with the crowd. Go through life safely and easily even if it means you miss the greatest love of all. The love of You.

Anahata Anahata. Open Anahata.

"I fall in Step With the Universe when I Dance Like this, When I open Anahata, and Accept the invitation, Trusting the Universe and Surrendering to life, Is Making life implicitly a Total Meditation."

"From the Moment I was Born, I have been crushed, I have been Told how to Be and What to Say, Society and Family successfully deceived me, And I confess that my Spirit Has been in Dismay."

"I did not Realize that I was Raised in Oppression, That I was raised Unconsciously to Know only fear, But Thankfully there is Another power at Play, I did not Expect this Unknown to Suddenly appear."

"I have been Raised to Ignore the Longing of my Heart, Condemned for Dancing My Own Way so Free, So I pretend to Be a dead Corpse Like you, Then You won't Be Consumed by Jealousy."

"But remember that Perception Becomes Clear, When the Heart's Gate is Cast open like a Die, Then All these new possibilities Become Real, When you're Aware of the One Behind your Eye."

"Open Anahata and take that Ultimate risk, But it is certainly not as Easy as It may seem, Engage with Yourself until your heart Opens, And finally escape that Dream within a dream."

"So step out of that Safety and Start the Journey, Step onto the Path where Freedom is strewn, Be the Ultimate Gambler and Step onto that path, Take my Hand and Let us hasten to the Dune."